

CAT A/B Open - Short Course Yards

January 8-10, Friday-Sunday 2010

Held under the sanction of United States Swimming, Inc.

Location: Osborn Aquatic Center
1940 NW Highland Dr. Corvallis, Oregon 97330
(541) 766-7946

Entry Fees: \$10.00 per swimmer surcharge / \$2.00 individual event

Warm Ups:

Day	Group	Warm Up Time	Finals Begin	Check in by
Friday	12 & Over	3:00 PM - 3:45 PM	4:00 PM	3:30 PM
Saturday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	N/A
Saturday	13 & Over	12:00 PM - 1:00 PM	1:15 PM	12:30 PM
Sunday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	10:00 AM*
Sunday	13 & Over	12:00 PM - 1:00 PM	1:15 PM	12:30 PM

* Check in required only for events 51 & 52 (11-12 500 Free). Warm up times for the PM sessions are approximate.

Order of Events

FRIDAY JANUARY 8, 2010

Warm Up: 3:00 PM Finals: 4:00 PM

Event	SCY B	Event	SCY-B	Event
1	22:40.19	12-14 1650 Free *	22:03.99	2
1	21:06.39	15-O 1650 Free *	19:37.39	2

* Note: The 1650 will be deck seeded swum fast to slow alternating girls and boys heats. It may also be limited to 8 total heats with entries accepted in the order they were submitted. Swimmers in the 1650 must provide their own timers and a counter. All 12-14 swimmers who enter the 1650 must have attained the 14-year-old B time. Coaches are responsible to educate team members on deck seeding protocol.

Order of Events
SATURDAY AM 12 & UNDER SESSION
JANUARY 9, 2010

Warm Up: 7:30 AM Finals: 8:30 AM

Girls	SCY B	Event	SCY B	Boys
3	9-3:22.79;10-2:56.69	9-10 200 Free	9-3:24.59;10-2:56.69	4
3	11-2:40.69;12-2:32.39	11-12 200 Free	11-2:47.69;12-2:34.79	4
5	N/A	8-U 100 Medley Relay	N/A	6
7	N/A	12-U 200 Medley Relay	N/A	8
9	1:56.59	8-U 100 IM	2:02.09	10
11	9-1:44.19;10-1:31.69	9-10 100 IM	9-1:45.59;10-1:32.59	12
11	11-1:23.49;12-1:19.39	11-12 100 IM	11-1:26.99;12-1:20.99	12
13	54.99	8-U 50 Back	55.99	14
15	9-47.39;10-43.09	9-10 50 Back	9-48.29;10-43.89	16
15	11-39.49;12-37.19	11-12 50 Back	11-40.89;12-38.09	16
17	19.89	8-U 25 Free	20.39	18
19	8-U-1:40.09; 9-1:30.69;10-1:20.19	10-U 100 Free	8-U-1:44.39; 9-1:34.59;10-1:22.39	20
19	11-1:13.19;12-1:08.19	11-12 100 Free	11-1:14.79;12-1:09.99	20
21	59.69	8-U 50 Fly	1:04.59	22
23	9-48.39;10-42.89	9-10 50 Fly	9-50.59;10-42.89	24
23	11-38.09;12-35.09	11-12 50 Fly	11-39.29;12-35.49	24
25	27.49	8-U 25 Breast	27.49	26
27	9-1:58.79;10-1:45.29	9-10 100 Breast	9-1:58.79;10-1:47.39	28
27	11-1:37.69;12-1:30.09	11-12 100 Breast	11-1:44.79;12-1:33.59	28

SUNDAY AM 12 & UNDER SESSION
JANUARY 10, 2010

Warm Up: 7:30 AM Finals: 8:30 AM

Girls	SCY B	Event	SCY B	Boys
29	9-3:42.19;10-3:16.59	9-10 200 IM	9-3:43.19;10-3:20.39	30
29	11-3:05.09;12-2:51.79	11-12 200 IM	11-3:15.39;12-2:56.19	30
31	N/A	8-U 100 Free Relay	N/A	32
33	N/A	12-U 200 Free Relay	N/A	34
35	23.79	8-U 25 Back	23.79	36
37	9-1:42.69;10-1:32.09	9-10 100 Back	9-1:46.89;10-1:37.89	38
37	11-1:24.99;12-1:19.29	11-12 100 Back	11-1:29.49;12-1:21.89	38
39	43.99	8-U 50 Free	45.09	40
41	9-39.59;10-35.99	9-10 50 Free	9-39.59;10-36.39	42
41	11-33.59;12-31.49	11-12 50 Free	11-33.99;12-31.79	42
43	22.79	8-U 25 Fly	24.79	44
45	9-2:00.99;10-1:41.29	9-10 100 Fly	9-2:00.99;10-1:43.99	46
45	11-1:28.89;12-1:21.59	11-12 100 Fly	11-1:32.39;12-1:21.59	46
47	1:01.29	8-U 50 Breast	1:04.49	48
49	9-52.49;10-47.99	9-10 50 Breast	9-54.99;10-49.49	50
49	11-44.19;12-41.09	11-12 50 Breast	11-47.79;12-42.49	50
51	11-U-7:10.79;12-6:43.29	*10-12 500 Free	11-U-7:13.09;12-6:49.39	52

* Check in required for events 51 & 52 (10-12 500 Free).

Order of Events

Note: PM events are all deck seeded with positive check-in 45 minutes prior to finals. Coaches are responsible to educate team members on deck seeding protocol.

SATURDAY PM 13 AND OVER SESSION

JANUARY 9, 2010

Warm Up: 12:00 (Approx) Finals: 1:15 PM

Girls	SCY B	Event	SCY B	Boys
53	5:49.09	11-14 400 IM	5:38.99	54
53	5:24.29	15-O 400 IM	5:10.49	54
55	N/A	13-O 400 Medley Relay	N/A	56
57	1:05.49	13-14 100 Free	1:01.79	58
57	1:02.59	15-O 100 Free	55.39	58
59	3:05.19	11-14 200 Breast	2:57.79	60
59	2:55.99	15-O 200 Breast	2:43.39	60
61	1:15.59	13-14 100 Fly	1:12.19	62
61	1:11.19	15-O 100 Fly	1:03.49	62
63	2:22.09	13-14 200 Free	2:16.39	64
63	2:16.89	15-O 200 Free	2:04.19	64
65	1:16.09	13-14 100 Back	1:12.19	66
65	1:10.19	15-O 100 Back	1:04.29	66

SUNDAY PM 13 AND OVER SESSION

JANUARY 10, 2010

Warm Up: 12:00 (Approx) Finals: 1:15 PM

Girls	SCY B	Event	SCY B	Boys
67	2:41.09	11-14 200 Back	2:38.59	68
67	2:30.39	15-O 200 Back	2:20.79	68
69	N/A	13-O 400 Free Relay	N/A	70
71	2:41.39	13-14 200 IM	2:34.69	72
71	2:33.89	15-O 200 IM	2:21.89	72
73	29.99	13-14 50 Free	28.29	74
73	28.79	15-O 50 Free	25.49	74
75	2:54.89	11-14 200 Fly	2:51.29	76
75	2:38.89	15-O 200 Fly	2:28.39	76
77	1:27.79	13-14 100 Breast	1:21.09	78
77	1:20.59	15-O 100 Breast	1:12.59	78
79	6:26.19	13-14 500 Free	6:09.19	80
79	6:05.19	15-O 500 Free	5:39.89	80

Note: All 11-14 event entry times are 14 year-old "B" times.