

2010 OREGON SWIMMING

SHORT COURSE 11-14 AGE GROUP CHAMPIONSHIPS

February 25 – 28, 2010

Held under the sanction of USA Swimming

- Sanction Number:** 9-168
- Referee:** Jacki Allender, jallender@marykay.com
- Administrative Referee:** Dave Twenge davidtwenge@comcast.net
- Sponsors:** Corvallis Aquatic Team and Oregon Swimming
- Location:** Osborn Aquatic Center – 1940 NW Highland Dr. Corvallis, Oregon 97330. Phone 541-766-7946.
Take I-5 to exit 228 (Hwy 34). Go west on Hwy 34. Follow the signs to Corvallis. Keep going straight, over the Willamette and turn right on the 5th traffic light onto 9th Street. Turn left on Circle Blvd, go one block to Highland Dr. Turn left. The pool is on the right.
- Facility:** Indoor 50 meter pool, competition course 8 lanes - 25 yards (7 ft. wide lanes), 13 ft. to 6 ft. deep with bulkhead at turn end. Remainder of the pool space will be available for warm-up/warm down. Air conditioned, sound insulated balcony seating for spectators. Competition pool deck areas available for swimmers, coaches and officials and authorized meet personnel only. Spectators restricted to non-competition area on a portion of the deck. Seats marked by signs in the balcony and pool deck will be available for parents to watch their swimmer only while they compete, and then leave the seats promptly afterwards. Seats on deck marked with signs are reserved for athletes only. Folding chairs will not be allowed in the walkway areas within 10 feet of the pool to allow for adequate access around the pool. Limited concessions open throughout the meet. Facility will open 30 minutes prior to warm ups. Facility is handicap accessible. Parking allowed only in designated areas on Thursday and Friday. No RV parking is allowed in the parking lots near the pool. Day use only RV parking is available around the city park located two blocks southwest of Osborn. No overnight camping allowed. Camping available at Benton County Fairground (541-757-1521)
- Restrictions:** Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue, on the grounds, or in the parking areas. There is no shaving allowed in the swimming venue.
- Deck Access:** Coaches and officials must display appropriate 2010 USA Swimming membership cards at all times while on deck. Spectators and parents are restricted to the designated areas and are not allowed on deck.
- Rules:** Current USA Swimming and Oregon Swimming Rules and OSI Scratch Rules will govern. OSI Safety Guidelines and Warm-up Procedures will be strictly enforced.
- Format:** Prelims and finals contested over 8 lane course; one championship final heat in the finals session.
- Schedule:** **Thursday** Timed Finals: Warm-ups: 3:00PM Competition: 4:00PM
Friday-Sunday Prelims: Warm-ups 7:30 AM – 8:45 AM Competition: 9:00 AM
Finals session to begin not sooner than 2 hours after the conclusion of prelims.
Facility to open to public no later than 30 minutes prior to warm ups.
- Eligibility:** Swimmers must be currently registered with USA Swimming/Oregon Swimming. Swimmers age on the first day of meet applies. Qualifying times must have been achieved from February 1, 2009 thru the entry deadline for this meet. Entry times should be in the OSI database. If they are not, appropriate proof of times must be submitted to the OSI Office within 7 days of the meet if the swimmer does not swim at least a qualifying time at the meet, to avoid a fine from OSI. No on deck registration will be available. Clubs entering swimmers who are not registered are subject to a fine per USA Swimming Rules and Regulations.
- Entry Limit:** Swimmers may enter six individual events for the meet, but not more than three individual events per day, and two relays per day. Time trials count toward the 3 per day limit, but not toward the six per meet limit.

2010 OREGON SWIMMING SHORT COURSE 11-14 AGE GROUP CHAMPIONSHIPS (PAGE 2)

- Entry Deadline:** Entries must be received by **12:00 PM, WEDNESDAY, February 17, 2010**
- Entries:** **Teams with Hy-tek capability are strongly encouraged to submit a Commlink entry file (cfile01.cl2) or by zipped e-mail file.** Mail a hard copy of the entries with payment to the entry address listed below. Enter personal best time achieved in the qualifying period. Seeding for short course 11-14 AG Championships shall be Short Course Yards (SCY), Short Course Meters (SCM) and then Long Course Meters (LCM). **DO NOT CONVERT TIMES. NON-QUALIFYING TIMES AND LATE ENTRIES WILL NOT BE ACCEPTED.**
- NEW QUALIFYING TIMES attained between February 17 and 21, 2010 will be accepted until 12:00PM Monday February 22, 2010 by sending an E-mail to office@oregonswimming.org. Entry times already submitted may not be updated. Received E-mails will be acknowledged by 1:30 PM Monday. Hy-tek Meet Manager Software will be used.
- Relays:** Relay times can be entered on a Hy-tek disk. "Relay only" swimmers must be listed on the master entry disk and designated as "relay only" and the surcharge paid. Names for relays will be submitted on relay entry forms provided at the meet or can be submitted on Hy-tek disk. Swimmers who are entered as Relay Only swimmers may enter time trials, but only on the day(s) which they swim in relays.
- Check-In:** Positive check-in is required for all relays. Positive check-in is also required for individual events 400 yards and longer. All individual events 200 yards and shorter will be pre-seeded.
- Coaches are responsible for providing a positive check-in for their swimmers. For seeding purposes, the check-in deadline for Thursday, Friday and Saturday events shall be fifteen (15) minutes after the start of warm-ups. For Sunday events the check-in deadline is one (1) hour after the beginning of the Saturday final session.
- Entry Fees:** \$10.00 Surcharge per swimmer.
\$2.50 per individual event entry fee.
\$10.00 per relay entry fee.
Make checks payable to Oregon Swimming, Inc. **FEES MUST ACCOMPANY ENTRIES.**
- Entry Address/** Oregon Swimming, swim@oregonswimming.org
1750 SW Skyline Blvd #103
Portland OR 97221
- Meet Director:** Kristin Shreeve, 541-740-8191, catmeetchief@comcast.net
- Awards:**
- | | | |
|--------------------|-----------|---|
| Individual events: | 1 Place | Medal and patch (one patch per swimmer) |
| | 2-8 Place | Medals |
| Relay events: | 1-3 Place | Medals |
| | 4-8 Place | Ribbons |
| Team: | 1-8 Place | Plaques |
| High Point: | Award | |
- Scoring:** Individual events: 9-7-6-5-4-3-2-1
Relay events: Double above point values.
NOTE: Relay teams which do not swim qualifying times at the meet will receive place awards, but not place points.
- Time Trials:** **Sanction number 9-169**
Time Trials will be conducted, time permitting, between prelims and finals. Time trials count toward the 3 per day individual event entry limit, but not toward the six per meet limit. Entries must be turned into the Clerk of Course with fee (\$5.00/ind. and \$10.00 relay) by the posted time. **Time trials are available only to those swimmers entered in the meet,** and for Relay Only swimmers are limited to the days which their relays are conducted.

2010 OREGON SWIMMING SHORT COURSE 11-14 AGE GROUP CHAMPIONSHIPS (PAGE 3)

- Officials Meetings:** 3:15PM on Thursday, 7:45 AM Fri-Sun. and 45 minutes prior to finals each day.
- Coaches Meeting:** 3:45PM on Thursday, 8:45 AM Friday and Sunday, others will be announced when and if needed.
- Timers:** Each club will be assigned timing responsibilities based on the number of swimmers entered. A timer sign-up and check-in station will be located near the entrance to the woman's locker room. Timers are requested to sign up at the beginning of each session and check-in at the station 5 minutes prior to their shift to obtain a competition area pass.
Swimmers/clubs are responsible for providing their own timers and counters for the 1,000 and 1,650 yard events and for any time trial event.
- Officials:** We always appreciate the help of certified officials from other clubs; if you will be attending this meet, please notify the meet referee. Application has been made to designate this meet as a National Qualifying Meet for Officials. Applications from officials wishing to apply for N2/N3 evaluation are required. They must be submitted to the Meet Referee prior to the start of the meet. Early applications are preferred and may be submitted by mail or email to the Meet Referee. For information contact Bob McMillan, Oregon Officials Chair, officialschair@oregonswimming.org
- Uniform** White over navy, long pants/skirt for finals.
- Hospitality:** Officials and coaches are invited to enjoy the hospitality provided by Corvallis Aquatic Team parents.

OREGON SWIMMING, INC.
2010 SHORT COURSE 11 -14 AGE GROUP CHAMPIONSHIPS
SCHEDULE OF EVENTS - THURSDAY FEBRUARY 25, 2010

<u>GIRLS</u>					<u>BOYS</u>				
<u>EV#</u>	<u>SCY-A</u>	<u>LCM-A</u>			<u>EVENT</u>	<u>SCY-A</u>	<u>LCM-A</u>	<u>EV#</u>	
1	20:56.89	20:35.69	11-13	1650	Freestyle ^{xv}	21:09.99	20:08.09	2	
1	20:36.49	20:35.69	14	1650	Freestyle ^x	20:03.09	20:08.09	2	
					Break				
3	9:27.19	10:39.49	13-14	800	Free Relay ^z	9:02.99	9:27.99	4	

SCHEDULE OF EVENTS - FRIDAY FEBRUARY 26, 2010

<u>GIRLS</u>					<u>BOYS</u>				
<u>EV#</u>	<u>SCY-A</u>	<u>LCM-A</u>			<u>EVENT</u>	<u>SCY-A</u>	<u>LCM-A</u>	<u>EV#</u>	
5	35.89	41.29	11	50	Backstroke	37.19	41.19	6	
7	33.79	38.69	12	50	Backstroke	34.59	39.29	8	
9	2:33.49	2:50.99	11-13	200	Backstroke ^v	2:30.29	2:56.39	10	
11	2:26.49	2:46.19	14	200	Backstroke	2:24.19	2:44.29	12	
13	2:48.29	3:11.79	11	200	Individual Medley	2:57.59	3:09.19	14	
15	2:36.19	2:57.79	12	200	Individual Medley	2:40.19	3:01.99	16	
17	2:31.39	2:50.49	13	200	Individual Medley	2:30.79	2:49.79	18	
19	2:26.69	2:48.09	14	200	Individual Medley	2:20.59	2:41.99	20	
21	30.49	33.99	11	50	Freestyle	30.89	34.49	22	
23	28.59	32.79	12	50	Freestyle	28.99	32.89	24	
25	28.09	31.49	13	50	Freestyle	27.59	31.29	26	
27	27.29	30.99	14	50	Freestyle	25.69	29.59	28	
29	1:20.79	1:34.59	11	100	Butterfly	1:23.89	1:34.29	30	
31	1:14.09	1:25.99	12	100	Butterfly	1:14.09	1:28.99	32	
33	1:10.29	1:19.39	13	100	Butterfly	1:10.29	1:22.39	34	
35	1:08.69	1:15.59	14	100	Butterfly	1:06.69	1:15.89	36	
37	6:31.59	5:59.69	11	500	Freestyle ^w	6:33.69	6:07.39	38	
39	6:06.59	5:33.49	12	500	Freestyle ^w	6:12.19	5:35.09	40	
41	5:58.59	5:12.99	13	500	Freestyle ^w	5:50.69	5:17.99	42	
43	5:51.29	5:09.09	14	500	Freestyle ^w	5:35.39	5:05.59	44	
45	5:23.49	5:52.79	11-12	400	Medley Relay ^z	5:08.49	5:42.69	46	
47	4:47.09	5:30.29	13-14	400	Medley Relay ^z	4:46.79	5:22.09	48	

SCHEDULE OF EVENTS - SATURDAY FEBRUARY 27, 2010

49	40.19	46.09	11	50	Breaststroke	43.39	46.49	50
51	37.29	43.59	12	50	Breaststroke	38.59	44.89	52
53	2:56.59	3:13.49	11-13	200	Breaststroke ^v	2:53.39	3:20.29	54
55	2:48.39	3:12.69	14	200	Breaststroke	2:41.59	3:08.99	56
57	1:17.29	1:27.69	11	100	Backstroke	1:21.39	1:29.29	58
59	1:12.19	1:23.69	12	100	Backstroke	1:14.49	1:23.89	60
61	1:09.79	1:17.59	13	100	Backstroke	1:09.89	1:18.99	62
63	1:09.19	1:17.89	14	100	Backstroke	1:05.59	1:17.99	64
65	2:26.09	2:47.79	11	200	Freestyle	2:32.39	2:45.39	66
67	2:18.49	2:36.89	12	200	Freestyle	2:20.69	2:37.99	68
69	2:12.39	2:29.09	13	200	Freestyle	2:10.99	2:28.69	70
71	2:09.19	2:25.69	14	200	Freestyle	2:03.99	2:21.39	72
73	1:15.89	xxxxxxx	11	100	Individual Medley	1:19.09	xxxxxxx	74
75	1:12.29	xxxxxxx	12	100	Individual Medley	1:13.59	xxxxxxx	76
77	5:37.19	6:09.89	11-13	400	Individual Medley ^{vw}	5:22.19	6:14.19	78
79	5:17.39	6:02.99	14	400	Individual Medley ^w	5:08.19	5:53.69	80
81	2:01.59	2:18.89	11-12	200	Free Relay ^z	2:07.79	2:14.89	82
83	1:54.59	2:13.49	13-14	200	Free Relay ^z	1:46.79	2:02.09	84

OREGON SWIMMING, INC.
2010 SHORT COURSE 11 -14 AGE GROUP CHAMPIONSHIPS

SCHEDULE OF EVENTS - SUNDAY MARCH 1, 2010

<u>GIRLS</u>				<u>BOYS</u>				
<u>EV#</u>	<u>SCY-A</u>	<u>LCM-A</u>			<u>EVENT</u>	<u>SCY-A</u>	<u>LCM-A</u>	<u>EV#</u>
85	4:33.49	5:09.79	11-12	400	Free Relay ^z	4:32.19	5:02.59	86
87	4:13.09	4:51.19	13-14	400	Free Relay ^z	3:57.29	4:30.89	88
89	1:28.79	1:41.09	11	100	Breaststroke	1:35.29	1:41.59	90
91	1:21.89	1:34.99	12	100	Breaststroke	1:25.09	1:36.99	92
93	1:19.69	1:30.99	13	100	Breaststroke	1:20.19	1:33.79	94
95	1:18.19	1:29.99	14	100	Breaststroke	1:13.69	1:26.99	96
97	34.59	38.59	11	50	Butterfly	35.69	40.19	98
99	31.89	36.59	12	50	Butterfly	32.19	37.99	100
101	2:45.39	3:15.69	11-13	200	Butterfly ^v	2:48.09	3:11.99	102
103	2:38.99	2:58.79	14	200	Butterfly	2:35.69	2:52.79	104
105	1:06.49	1:15.69	11	100	Freestyle	1:07.99	1:15.09	106
107	1:02.09	1:11.59	12	100	Freestyle	1:03.59	1:12.39	108
109	1:00.69	1:09.09	13	100	Freestyle	59.49	1:08.59	110
111	59.49	1:07.59	14	100	Freestyle	56.29	1:05.09	112
113	2:20.69	2:38.49	11-12	200	Medley Relay ^z	2:21.69	2:37.39	114
115	2:11.19	2:30.39	13-14	200	Medley Relay ^z	2:05.39	2:25.39	116
<i>10 Minute Break</i>								
117	12:18.99	10:34.69	11-13	1000	Freestyle ^{xv}	12:14.39	10:31.79	118
117	12:06.59	10:34.69	14	1000	Freestyle ^x	11:40.89	10:31.79	118

^v 11 and 12 year olds must meet the 13 year old time standard.

^w Deck seeded timed final event. Fastest heat swum in finals.

^y All deck seeded timed final events. Fastest heat swum at end of finals. All other heats in prelims.

^x 1650 and 1000 yard events are deck seeded by gender (no age group) and swum fastest to slowest, alternating women and men. 1000Y - Fastest heat of each gender swum at the beginning of finals, 1650Y all in one session.

^z All deck seeded timed final events, all heats in prelims.

**OREGON SWIMMING SHORT COURSE
11-14 AGE GROUP CHAMPIONSHIPS**

February 25-28, 2010

Osborn Aquatic Center, Corvallis, Oregon

ENTRY SUMMARY

Total from 11 year = \$ _____
Total from 12 year= \$ _____
Total from 13 year= \$ _____
Total from 14 year = \$ _____
Total from Relays = \$ _____
Team Total \$ _____

(Checks to: Oregon Swimming, Inc.)

THE FOLLOWING STATEMENT MUST BE SIGNED BY COACH OR TEAM REPRESENTATIVE:

I have read the meet information and attest that all swimmers entered from my team are members of United States Swimming, Inc.

(Signature of Coach or Team Representative)

Team Name: _____ Team Code: _____

Coach(es) Attending Meet _____

Contact Person _____ Phone #: (____)-_____

ENTRIES DUE: 12:00 PM, WEDNESDAY, FEBRUARY 19, 2010

Mail Entries To:

Oregon Swimming
1750 SW Skyline Blvd #103
Portland OR 97221

**PLEASE PROOFREAD YOUR ENTRIES CAREFULLY
NON-QUALIFYING ENTRY TIMES WILL NOT BE ACCEPTED**

When mailing overnight or Fed-Ex please indicate **NO SIGNATURE REQUIRED**